

Aspirations

1. Create a vision board - a collection of images and quotes which show your hopes, dreams and goals. It could be a physical or an online collage.
2. Find out about a role model who inspires you to achieve your goals.
3. Use your vision board and role model to set mini goals which you can work towards over the next few weeks or months. After a while, review your progress.

Human rights

1. Find out about the *Universal Declaration of Human Rights (UHDR)*. Which one do you think is most important to you? Explain why.
2. Go out in your local community and look for examples of human rights. For example, a bus stop is an example of the right to travel. Can you find an example of every human right on the *UHDR* list?
3. Create and play a game about human rights. It must include:
 - What the rights are
 - Things which can block people's access to their rights
 - People & procedures which protect our human rights
 - Responsibilities people have, e.g. speaking out when rights are denied

Guiding history

1. In some countries, Guiding has been banned for political reasons. If Guiding was banned, which 6 items would you keep to keep the spirit of Guiding alive?
2. Find out about blitz cooking. Then, make a recipe using blitz cooking methods (or as close as you can) and foods which were available on rations.
3. When Guides first began, the first challenge newly enrolled Guides completed was their *Second Class Guide* award. Try four of the activities from the original badge:
 - Learn semaphore
 - Hoist colours
 - Use Morse code
 - Tie seven different knots
 - Sing a guiding song in another language or from another country
 - Make another country's Guide uniform
 - Sew a badge onto your camp blanket
 - Celebrate World Thinking Day

Personal brand

1. Create something which represents you and what makes you unique.
2. How are you different in different situations? E.g. Do you wear different clothes at school compared to in ballet lessons? Do you use different words at home compared to at Guides? Choose a way to show how you act and communicate differently in different situations.
3. Create a mini autobiography. It could be a timeline, photo story, emblem, song or anything else you like.