

<b>Challengers</b>	<ol style="list-style-type: none"> <li>1. Pick a charity or cause close to your heart and challenge yourself to support them using sport or by getting active. You could do a hike, bike ride, dance a thon walk, sports day, swim, wheelchair basketball, or ask an athlete to run a skills session. Plan what you are going to do and get training.</li> <li>2. Promote your challenge. You could use social media, flyers or word of mouth. Then complete your challenge and take photos.</li> <li>3. Support someone else's challenge. You could post about it online, talk to people about it, help at the event or take part yourself.</li> </ol>
<b>Environment</b>	<ol style="list-style-type: none"> <li>1. Make and decorate a frame with a shape cut out in the middle. Then take three pictures that represent different parts of nature. Share your pictures in your frame and challenge others to create a frame and spread their appreciation of nature too.</li> <li>2. Design a room or plan an outfit or makeup look that only uses environmentally friendly companies. Find out which companies use recycled materials or renewable energy, reduce packaging or having good sustainability policies. Display your finished design using a mood board drawing or collage.</li> <li>3. Start a mini circular economy with your unit or friends by passing on reusing and recycling items together. Ask everyone when they have an item they no longer use to bring it in rather than throwing it away. It could be books you've finished, unopened products, jewellery, accessories or clothes you don't want.</li> </ol>
<b>My say</b>	<ol style="list-style-type: none"> <li>1. What would you like to change or share your love of? Choose something, then find the right people to hear about it. It could be your local council, your Ranger leaders or your head teacher. Find out how to contact them.</li> <li>2. Take your idea from challenge 1 and try a way to get your voice heard. You could make videos, create a hashtag, write a petition, create a poster or digital slideshow, send a letter, contact newspapers or host an event. Give plenty of detail as your audience may not be familiar with your topic.</li> <li>3. Share your thoughts with the right person. You might need to be patient when waiting for a response. If your changes aren't made, reflect and consider new actions. Don't be scared to ask for feedback to understand. Celebrate your progress, whether you've made change, learned something new, met people, sparked inspiration, or gained confidence.</li> </ol>
<b>Protesting</b>	<p><b>1. To buy or not to buy</b>  <b>Boycotting is a peaceful way of protesting. You choose not to buy, use or give money to a person, organisation or country to show you don't</b></p>

**agree with something they've done. It's about getting your message across by hitting them in the pocket. But is it worthwhile?**

Think about something you want to boycott – it could be a type of product, unethical corporation, place or media outlet.

Boycott it for a week, then share your thoughts. Explain the impact you think you made. If more people joined you, what influence would you have?

## **2. How to protest safely**

**As well as being exciting and uplifting, protests can be tense and involve lots of people. So it's vital to know how to stay safe.**

Make a guide for young people on how to protest safely. You can decide who this guide is aimed at.

When making your guide, think about relationships with people at the protest:

- The other protesters - peaceful and non-peaceful.
- The people you're protesting against.
- The police and protest marshals.
- The media.
- General public.

How should you treat them? How should they treat you? Look at organisations like [Green & Black Cross](#) for ideas.

## **3. Make your own protest**

**When you think of a typical protest, it probably involves marching, placard waving and chanting. However, there are many other ways you can show your support for a cause – some without even leaving your own home.**

Pick an issue that's important to you, and use alternative protesting methods to protest in as many creative ways as you can. For example, letter writing, going on strike, through social media, wearing symbols or making displays. You can protest inside or outside - including from your house, unit, an outside space in your local area or school.

Look at historical protests for ideas:

- Ban the bomb
- Civil rights movements
- Black Lives Matter
- Women's suffrage movements
- Refugees Welcome
- Girlguiding's sexual harassment in schools campaign
- Birth of guiding at Crystal Palace in 1909
- Boy band break-up protests

## **Volunteering**

In this badge you're going to take on 3 volunteering challenges:

**Challenge 1** – volunteer supporting people

**Challenge 2** – volunteer supporting places

**Challenge 3** – volunteer supporting animals

### **Where to volunteer**

When doing each challenge decide whether you're going to have an impact:

- Locally.

- Nationally.
- Internationally.
- 

When doing the challenges, you can only choose each of the above options **once**. For example, if you volunteer with animals locally, you then can't volunteer with animals or volunteer locally again. You have to choose from the other options.

Get creative and think outside the box about the roles you do. There are lots of opportunities to make a change and support causes you care about – you can even support an international cause without needing to use your passport.

Make your volunteering a challenge and try something new. Look at the lists below for some inspiration. But remember you can do anything you want – don't feel limited!

### **People**

#### **Local**

- Be a young leader at a local unit.
- Volunteer on a university helpline.

#### **National**

- Help take a unit to a national guiding event.
- Help at a charity event.

#### **International**

- Run a WAGGGS activity or event for your unit.
- Collect donations for an aid appeal.

### **Places**

#### **Local**

- Do a litter pick.
- Volunteer at a local museum.

#### **National**

- Take part in a conservation project.
- Help look after an historic building.

#### **International**

- Write a blog for an international environmental charity.
- Fundraise for a charity that protects the rainforest.

### **Animals**

#### **Local**

- Volunteer at a local rescue centre.
- Muck out for a donkey sanctuary or horse charity.

#### **National**

- Fundraise for an animal charity.
- Support the National Bat Monitoring survey.

#### **International**

- Run a campaign raising awareness about an endangered species.
- Support the admin work of an international animal charity.

## **Voting**

### **1. Create your own party**

**Political parties are made up of people with similar beliefs, and a shared vision of the future.**

There are some large and well-known ones out there, but imagine if you could create your own party from scratch...

What would your ideal political party look like? Be inventive with the way you record your ideas.

Decide:

- What will your party be called?
- What level of politics will it function within (local, regional, national)?
- What are its top 3 issues?
- Who, if anyone, will lead the party?
- What is its logo and slogan?
- How would you run an election campaign?
- Who would want to become members and how would you recruit them?
- Which parties would be your main rivals?

**2. Tackle voter apathy**

**The right to vote has been hard-won over many generations. However, voter apathy – lack of interest in voting – is still high. And voting turnout for younger people is often poor.**

Your challenge is to come up with a way to tackle voter apathy.

You could create a resource for young people about political parties and leaders, or a campaign to encourage people to register to vote. Create a presentation, video, social media campaign or even hold an event to encourage young people to get involved in politics. The choice is yours!

**3. Get registered**

**You don't have to wait until you're old enough to put an 'x' on the ballot paper to actually register to vote.**

Find out if you're eligible to vote and how old you have to be to register. Are you old enough? Get registered! If you aren't old enough yet, wait and register at the earliest opportunity. You have to register to vote before you can complete this badge.

Now, your task is to get as many young people as you can to register to vote. Use the resource you created in challenge two to help you.